WELL SKILLS CHECK

Reading

TAFE NSW NORTH COAST INSTITUTE

WELL WORKPLACE ENGLISH LANGUAGE & LITERACY
Community Services & Health

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Reading

NAME: _____

Read the questions below and tick (✔) ONE correct answer.

1. This medicine should be used before which date?

- ☐ 24 January 2011
- ☐ 30 June 2012
- ☐ 20 July 2012

2. What time does the clinic open on Saturdays?

- ☐ 9.00 am
- ☐ 8:30 pm
- ☐ 11.30 pm

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Reading

3. What is the meaning of this sign?

- ☐ WARNING: Hot liquid
- ☐ WARNING: Slippery floor
- ☐ WARNING: Dangerous chemicals

Xin works in a hospital. Here is his Weekly Time Sheet. Use it to answer the questions below

The Mater Hospital

58 Riverview St. Brisbane 4000

Weekly Employee Timesheet

Name: Xin Li

Date	Day	Start	Finish
6.10.12	Monday	9:00	18:00
7.10.12	Tuesday	11:00	20:00
8.10.12	Wednesday	10:30	17:30
9.10.12	Thursday	7:00	15:00
10.10.12	Friday	6:30	14:30

4. On Wednesday 8th October, what time does Xin finish work?

- ☐ 17.30
- ☐ 18.00
- ☐ 10.30

5. What is the address of the Mater Hospital?

- ☐ 58 Riverton St. Brisbane 4001
- ☐ 58 Riverview St. Brisbane 4000
- ☐ 85 River St. Sydney 2000

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Read the following information from a newspaper and answer the questions below.

Health-Day News

FRIDAY, Dec. 2

Child safety and booster seats protect children of all weights, including those on the heavy side. That's the finding of a new study that looked at nearly one thousand children ranging from one year old babies to children up to eight years old, who had been involved in crashes. All of the children were properly restrained in the correct child safety or booster seat for their height and weight.

6. What is the age range of the children in the study?

- ☐ 1 to 5 years
- ☐ 0 to 8 years
- ☐ 1 to 8 years

7. How many children in the study were involved in car crashes?

- ☐ Nearly one hundred
- ☐ Nearly one thousand
- ☐ Nearly ten thousand

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Here is information about blood pressure. Read it and then answer the questions.

- **Blood pressure is the force of blood against the walls of the arteries in the heart.**
- **The picture shows a patient having his blood pressure checked**
- **Blood pressure is a vital sign of life.**

8. Blood pressure is mainly concerned with which body part?

☐ The heart

☐ The brain

☐ The lungs

9. This information

☐ Warns the reader about the dangers of high blood pressure

☐ Informs the reader about blood pressure

☐ Instructs the reader on how to use a blood pressure device

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Reading

Look at the poster (below) that contains information on anaphylaxis.

ascia
australasian society of clinical immunology and allergy inc.
www.allergy.org.au

ACTION PLAN FOR Anaphylaxis

for use with EpiPen® or EpiPen® Jr adrenaline autoinjectors

How to give EpiPen® or EpiPen® Jr

Form fist around EpiPen® and PULL OFF GREY SAFETY CAP.

PLACE BLACK END against outer mid-thigh (with or without clothing).

PUSH DOWN HARD until a click is heard or felt and hold in place for 10 seconds.

REMOVE EpiPen® and DO NOT touch needle. Massage injection site for 10 seconds.

© ASCIA 2011. This plan was developed by ASCIA

MILD TO MODERATE ALLERGIC REACTION

- swelling of lips, face, eyes
- hives or welts
- tingling mouth
- abdominal pain, vomiting (these are signs of a severe allergic reaction to insects)

ACTION

- **For insect allergy, flick out sting if visible. Do not remove ticks**
- Stay with person and call for help
- Locate EpiPen® (or EpiPen® Jr if aged 1-5 years)
- Contact family/emergency contact

Watch for any one of the following signs of Anaphylaxis

ANAPHYLAXIS (SEVERE ALLERGIC REACTION)

- difficult/noisy breathing
- swelling of tongue
- swelling/tightness in throat
- difficulty talking and/or hoarse voice
- wheeze or persistent cough
- persistent dizziness or collapse
- pale and floppy (young children)

ACTION

1. **Lay person flat, do not stand or walk. If breathing is difficult allow to sit**
2. **Give EpiPen® (or EpiPen® Jr if aged 1-5 years)**
3. **Phone ambulance - 000 (AU), 111 (NZ), 112 (mobile)**
4. **Contact family/emergency contact**
5. **Further adrenaline doses may be given if no response after 5 minutes (if another adrenaline autoinjector is available)**

If in doubt, give EpiPen® or EpiPen® Jr

EpiPen® Jr is generally prescribed for children aged 1-5 years.
*Medical observation in hospital for at least 4 hours is recommended after anaphylaxis.

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Choose the best answer for each of the following questions, based on the information in the poster.

10. For a person suffering from a mild to moderate allergic reaction caused by a bee sting, what is the first thing you would you do?

- ☐ Give (administer) the EpiPen
- ☐ Flick out the sting
- ☐ Quickly phone a member of the family

11. Someone is suffering from a severe allergic reaction. You administer an EpiPen. What is the step after pulling off the grey safety cap?

- ☐ Form a fist around the EpiPen
- ☐ Push down hard until you hear a click
- ☐ Place the black end against their thigh

12. A client with a history of anaphylaxis complains that their tongue is beginning to swell. What is the first thing that the flowchart advises you to do?

- ☐ Lay them flat
- ☐ Phone an ambulance
- ☐ Stay with the person and call for help

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RESULTS

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